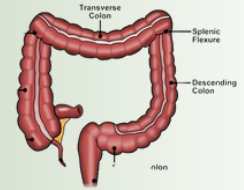


Gut Buster

Welcome to our inaugural newsletter edition “Gut Buster” This quarterly newsletter is designed to inform our patients and the community of services we offer, update you on current gastrointestinal topics and allow you to email us questions and topics you wish to see in future newsletters.



What is Obesity?

Obesity is a medical condition characterized by an excess amount of body fat. It is typically measured using the body mass index (BMI), which is a calculation based on one's height and weight. According to World Health Organization guidelines, a BMI of 25 or above is classified as overweight and a BMI of 30 or more is considered as obese.

Obesity is a major public health problem due to its association with many serious chronic diseases including type 2 diabetes, heart disease, hypertension, certain cancers, and depression. In addition, it can also lead to complications such as sleep apnea, osteoarthritis and musculoskeletal disorders. Therefore, the process of weight loss should include multiple factors. At Delta medical weight loss clinic, each patient is treated with an individualized approach that involves labs, FDA approved medications, such as Wegovy, Zepbound, Contrave and Phentermine, dietary counseling, physical activity, follow ups and behavioral modifications.

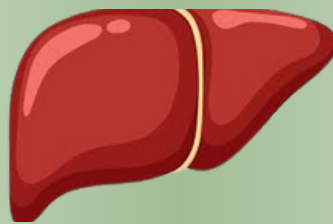
We are here to help you achieve your weight loss goals. Please Give us a call.



What is Fatty Liver Disease?

Fatty liver disease refers to a group of liver conditions resulting from excess fat stored in liver cells, affecting people who drink little to no alcohol. Nonalcoholic steatohepatitis, a severe form of the disease, can cause liver inflammation, scarring, and irreversible damage, leading to cirrhosis and liver failure. This condition is prevalent worldwide, especially in Western nations, and affects an estimated 80 to 100 million people in the US.

Services



- Colonoscopy,
- EGD
- Fibroscan
- Hepatitis Treatment
- Anal Rectal Manometry
- Obrera (Non-surgical weight loss Balloon)
- Medical Weight Loss Therapy

Would you like to know more on specific topic? Have questions you would like to be answered in the next Newsletter? Send them to gutdocquestion@deltagastro.net

HAPPY BIRTHDAY TO EVERYONE

CELEBRATING A BIRTHDAY THIS MONTH!!

